

Let's Get Loud

Misty & John Hannah, 377 Hickory Place, Wetumpka, AL 36093, 334-514-9694, www.mistyjohn.com

Record: "Let's Get Loud" by Jennifer Lopez; Album: "On the 6"; available online or from choreographer

Phase: IV + 1 (Single Cuban Breaks) Cha

Opposite footwork except where noted in parenthesis for the woman

Sequence: Introduction A B B A C D B A C D (1-4) A (1-8) Ending Release: September 2005

INTRODUCTION

1-8 FCG PTR & WALL NO HNDS WAIT::: BK CROSS SWIVEL PTS (4 TIMES):::
FWD CROSS SWIVEL PTS (4 TIMES):::

1-4 Fcg ptr & wall wait:::

(1.2.3.4) 5-8 Progressing away from ptr XLIB of R. pt R toe out to sd. XRIB of L. pt L toe out to sd: Repeat meas 5-6::

(1.2.3.4) 9-12 Progressing twd ptr XLIF of R. pt R toe out to sd. XRIF of L. pt L toe out to sd: Repeat meas 9-10::

PART A

1-8 FWD BASIC; TWIST VINE 4; WHIP; TWIST VINE 4; NY; SPOT TRN;
CONTINUOUS ROLL 2 & CHA; SWITCH X;

(1.2.3&.4) 1-2 Fwd L, rec R, bk L/cl R, bk L; Commence slight RF upper body trn Bk R, Sd L to fc ptr, commence slight LF upper body trn fwd R, sd L to fc ptr;
(1.2.3.4) 3-4 Bk R commence $\frac{1}{2}$ LF trn (W fwd L outside man on his L sd), continue trn $\frac{1}{2}$ rec fwd L (W fwd R commence LF trn $\frac{1}{2}$), sd R/cl L, sd R; Commence slight LF upper body trn Bk L, Sd R to fc ptr, commence slight RF upper body trn fwd L, sd R to fc ptr;
(1.2.3&.4) 5-6 Commence RF turn & step thru L LOD, rec R to fc ptr, sd L/cl R, sd L; Commence LF trn XRIF of L trng on crossing foot 1/2, rec L complete trn to fc ptr, sd R/cl L, sd R;
(1.2.3&.4) 7-8 Continue LF $\frac{1}{2}$ trn RLOD sd L, continue LF $\frac{1}{2}$ trn RLOD sd R, continue LF $\frac{1}{2}$ trn to LOP bk L/cl R, bk L; trng RF to fc ptr sd R cking bringing jnd hnds thru, rec L to BFLY, XRIF of L/sd L, XRIF of L;

9-12 FWD BASIC; TWIST VINE 4; WHIP; TWIST VINE 4;

9-12 Repeat meas 1-4 reversing direction of dance:::

PART B

1-8 NY: KICK TO THE 4; SINGLE CUBAN BREAKS; SPOT TRN;
NY: KICK TO THE 4; SINGLE CUBAN BREAKS; SPOT TRN;

(1.2.3&.4) 1-2 Repeat meas 5 Part A twd RLOD; Kick R thru LOD, swivel $\frac{1}{2}$ RF on ball of L bringing ankle of R foot to touch knee of L leg forming shape of a four, fwd R RLOD/cl L, fwd R;
(1&.2.3&.4) 3-4 Blend to BFLY Cross L/rec R, sd L, cross R/rec L, sd R; Commence RF trn XLIF of R trng on crossing foot 1/2, rec R complete trn to fc ptr, sd L/cl R, sd L;
5-8 Repeat 1-4 reversing direction of dance:::

9-16 OP BRK; CRAB WKS; AIDA TO BK TRIPLE CHAS; SWITCH X; TRAV DOOR; TRAV DOOR IN 4;

(1.2.3&.4) 9-11 Rk apt L to LOP fcng while extending free arm up with palm out, rec R lowering free arm, sd L/cl R, sd L; Blend to BFLY XRIF of L, sd L, XRIF of L/sd L, XRIF of L; sd L, XRIF of L, sd L/cl R, sd L;
(1.2.3&.4) 12-13 Fwd R tng RF, sd L continuing RF trn, bk R/lk LIF of R, bk R to a "V" pos fcng RLOD; trng slightly LF bk L/lk RIF of L, bk L, trng slightly RF bk R/lk LIF of R, bk R;
(1.2.3&.4) 14-16 trng LF to fc ptr sd L cking bringing jnd hnds thru, rec R to BFLY, XLIF of R/sd R, XLIF of R;
(1.2.3&.4) Rk sd R, rec L, XRIF of L/sd R, XRIF of L; rk sd L, rec R, XLIF of R, sd R;
(1.2.3.4)

Part C

1-4 BK 2 & CHA TO SCP; RK BK REC. FWD CHA; WK 2 & CHA; FCNG FAN:

(1.2.3&.4) 1-2 Bk L fwd RLOD. Bk R to SCP (W trn RF). bk L/cl R. bk L; rk bk R. rec L. fwd R/cl L. fwd R;
(1.2.3&.4) 3-4 Fwd L. R. L/cl R. L; Small fwd R. cl L. fwd R/cl L. fwd R keeping M's L & W's R hnd jnd (W fwd L. trng LF step sd & bk R making LF ¼ trn. bk L/lk RIF of L. bk L leaving R extended fwd with no weight);

5-8 RK FWD REC. BK TRIPLE CHAS; REV UNDERARM TRN; BK BRK IN 4 TO SCP;

(1.2.3&.4) 5-6 Rk fwd L. rec R. bk L/lk RIF of L. bk L; bk R/lk LIF of R. bk R. bk L/lk RIF of L. bk R;
(1&.2.3&.4)
(1.2.3&.4) 7 Trng RF ¼ bk R bringing W under jnd lead hnds (W trng LF ¼ fwd L under jnd hnds fwd L). XLIB of R
(W continue LF trn ½ sd & bk R to fc ptr). sd R/cl L. sd R;
(1.2.3.4) 8 Commence ½ LF trn step bk L to OP. rec R. fwd L. fwd R. blending to SCP.

PART D

1-4 CONGA BREAK (TWICE); SIDE CONGA WKS L & R TO FC;

(1.2.3&.4) 1-2 Fwd L. fwd R. swiveling RF on R XLIF of R/step in place R. flexing R knee tap L heel fwd with upper body slightly leaning fwd; Repeat meas 1;
(1.2.3.-) 3-4 Sd L. Xrif of L. sd L with slight upper body trn to the R. flexing L knee tap R toe to the sd leaning upper body L & slightly bk; sd R. XLIF of R. sd R with slight upper body trn to the L. flexing R knee tap L toe to the sd leaning upper body R & slightly bk;

5-8 CONGA WKS FWD & BK; MERENGUE BASIC (TWICE);

(1.2.3.-) 5-6 Fwd L. fwd R. fwd L. flexing L knee tap R bk leaning upper body fwd; bk R. bk L. bk R. flexing R knee tap L fwd leaning upper body bk;
(1.2.3.4) 7-8 Sd L. cl R. sd L. cl R; Repeat meas 7;

ENDING

1 SWIVEL FC PT;

(1.2.-.-) 1 Bring L leg around pointing L toe out & toward RLOD releasing M's L & W's R hnds pointing released hnds toward RLOD flexing R knee slightly;